
**Joint Committee Meeting
Evidence Based Practice Workgroup, Multidisciplinary Prevention Advisory
Committee (MPAC), Statewide Epidemiology Workgroup (SEW)
DRAFT MEETING MINUTES
Monday January 6th,
2020 12pm - adjournment**

1. Ms. Thompson Calls to Meeting to order

Members:

Linda Lang, Co-Chair MPAC
Jamie Ross, Co-Chair MPAC
Kathryn Barker, Chair SEW
Jenn Thompson, Chair-Elect SEW
Roseann Hogan, The Leading Edge, Chair EBP
Stephanie Asteriadis-Pyle – SEW, MPAC
Carol O'Hare - MPAC
Heidi Gustafson - MPAC
Jennifer DeLett Snyder – MPAC, SEW,
Keith Carter - MPAC
Kristen Rivas - MPAC
Patrick Bozarth - MPAC
Alyssa O'Hair – MPAC, EBP
Rosa O'Bannon - MPAC
Sarah Beers - MPAC
Terry Kerns – MPAC
Eric Ohlson – EBP, SEW

Ihsan Azzam - SEW
Ingrid Mburia - SEW
James Kuzhippala - SEW
John Fudenberg - SEW
Pauline Salla - SEW
Richard Egan - SEW
Judy Henderson - SEW
Trey Delap - SEW
Wei Yang - SEW
Yehn Long - SEW
Ying Zhang - SEW
MaryBeth Chamberlyn – EBP
Mary Cannizzaro – EBP
Diane Anderson – EBP
Laura Oslund – EBP
Darcy Davis – EBP

Members Absent: Kathryn Barker, Chair SEW; Carol O'Hare, MPAC; Jennifer DeLet Snyder, MPAC, SEW; Alyssa O'Hare, MPAC, EBP; Terry Kerns, MPAC; Ingrid Mburia, SEW; John Fudenberg, SEW; Pauline Salla, SEW; Richard Egan, SEW; Wei Yang, SEW; Yehn Long, SEW; MaryBeth Chamberlyn, EPG.

Guests: Inez Thomas, Leading Edge; Mary Duff, PACT; Amana Hammar, NYE; Vernalyn Willis, CARE; Valerie, Regional Behavioral Health Coordinator; Carol Lane, Churchill; Katie Seller, Churchill;

2. Public comment

No Comment

Agenda Item 2 Closed

3. Statewide Substance Use Trends among Middle School and High School Students in Nevada: 2017-2019 – Kristen Clements-Nolle

All Major indicators among high school age youth have had significant decrease. This mirrors the national trends. Although, there has been a significant shift from smoking to vaping in both cigarette and marijuana use. There has also been a significant use in prescription drugs. Middle school age youth indicators have largely remained stable except for marijuana use. Lifetime use and recent use (within the past 30 days) have increased significantly with lifetime use increasing to 13.4 from 9.9% and recent use to 7.8 from 5.2. There has also been a trend in the increase of vaping and decrease of smoking marijuana mirroring the national trend as well high school trends. There has also been a major decrease in the use of cocaine from 3.6 to 1.7% with all other drugs remaining stable with no significant increase or decrease.

There was a question if there is a correlation of the decrease of smoking to the increase of vaping and why there is a significant decrease (in smoking) and not much of an increase (in vaping). Ms. Clements-Nolle agreed there is a correlation and that the trend for vaping started several years ago.

No Comment/Question

Agenda Item 3 Closed

4. Community Coalition Presentation on local substance use trends/data ([slide show](#))

Ms. Lang introduces the hope for the joint committee meeting is bring together different parts of the three-legged stool to providing and sharing information. with the State Epidemiology Organization Workgroup (SEOW) brings the data (Epidemiology Profile), Multidisciplinary Prevention Advisory Workgroup (MPAC) makes the recommendations on prevention funding, and the Evidence Based Practice Workgroup working with both to ensure programs are based on the data and evidence informed.

Care Coalition and PACT Coalition (Diane Anderson and Mary Duff). Retail compliance rates have fallen dramatically from 98% to 42% since the defunding of Enforcing Underage Drinking Laws (EUDL). 1 in 3 purchases by youth investigators are being made. Adults still use traditional smoking. Low harm perception for e-

cigs/vape. Support for restriction are growing. There is an increase for vaping for marijuana. Dispensaries follow regulations, corner stores are not. Marijuana being sold at schools by adults. There is a high use of marijuana with Asians followed by Latinos. Prescription drugs use is going up even though prescribed opioids are going down. Other illicit drugs are being used at higher rates in 18-25 years old and LGBTQ community use starts a younger age. Mr. Azzam questions why the 23% of non-supports to raise the minimum age for purchasing tabaco products would not support it. Ms. Allison mentions that with two military bases in Clark County and the age for enlisting is 18 as a factor. Is the dramatic decrease of 23% in opioid prescriptions based solely on the CDC guidelines? The PDMP went into effect in 2017 and in 2018 is when we see the decrease. Clarification is need regarding Meth overdoses in Clark County. The information was received from the Coroner and the DEA and is polysubstance. Clark County still seeing Meth addiction being treat more than opioid/heroin.

Churchill (Katie Seller) focusing on adult and youth attitudes and behaviors. Adults, not just parents, have been improving conversations with youth. The focus is not only on parents because all adults can/do influence youth behavior and attitude. High school compared to middle school attitudes have increased because of more education regarding risks associated with use. High School perception of harm to substance use has decreased, however substance use has decreased. Middle school use has gone up, but it may be attributed to very little education. How are you reaching the parents to get them involved with talking to their children? Ms. Seller mentions youth are involved in the making the pamphlets, videos etc., and even with distributing them. This creates a dialogue between the parents and youth.

Frontier CC (Wendy Nelson): Frontier service area are three counties, Humboldt, Pershing, and Lander counties sparsely populated and residence travel for miles to access services. Priorities for include reducing all measures of tabaco as cigarette and vaping use is higher in rural compared to overall state numbers. Alcohol in the rural service area have decline with the exception of binge or heavy drinking. Adults are reluctant to change their behavior surrounding alcohol but there is interested from communities to have more events with no alcohol service. A third of high school students use alcohol and just under half have received alcohol from other. Rural alcohol usage is higher than state average. There is an effort to reach students at a younger age. Usage of marijuana is higher in the service are despite have no real presence of dispensaries. Approximately a third of high school students have tried marijuana and 8.9% of middles school students. Parents perception of use at home is that it is safer than using elsewhere. Mental health access is less available for the service area with more students feeling sad or hopeless and contemplate suicide and 8.8% attempting suicide.

Healthy Communities Coalition (Wendy Madson): Use of alcohol, marijuana, and tobacco are high in the service area, and suicide – idealization, planning, attempts – among high school and middle school students range from 12% to 16.6% with numbers being higher with students in middle school. Vaping, weed, and trauma are three main trends within the service area with trauma and drugs co-occurring along with mental health. Healthy Communities Coalition priorities area prevention and

education on vaping, tobacco, alcohol, meth, heroin and mental health/trauma.

Joint Together Northern Nevada (Laura Newman): Among high school students Marijuana consumption is above state and national averages as well as usage before the age of 13. Driving under the influence of alcohol has decrease and is not below the state and national average, however the percentage of high school students riding in a car with someone had been using marijuana has increased. Education on prescription drugs will need to focus on students in the 7th and 8th grade. Perception has little to no risk of prescription and marijuana use are low. Meth deaths were higher and opioids.

Nye Communities Coalition (Amanda Hammar): Service area is Esmeralda, Nye, and Lincoln counties rural areas small communities with vast desert separating them main office in in Pahrump with a small office and some representatives in Tonopah. Residence are diverse to include Native Americans in Northern Nye and Esmeralda counties, mining communities, LDS influenced communities. Marijuana, meth, and opioid are the most prevalent in cases of emergency room visits and inpatient admissions. Also, vaping concerns have been increasing. Most residents believe education will help communities; Social Host laws are not being forced and officers are not being trained. Signs of Suicide (SOS) training to all district schools. The needs for the area are constrained by lack of trained workforce in substance abuse and mental health. Social Host Laws focus on parents who may host social gatherings/parties and provide alcohol to underage youth/students and holds party goers accountable.

Partners Allied for Community Excellence (PACE) (Laura Oslund): PACE service area is Elko, Eureka, and White Pine counties. These counties are also very rural with residence commuting great distances to access services with only two (2) hospitals in all three counties. The areas served are above state numbers in usage of Vaping, binge drinking, prescription drug use and tobacco use, however with marijuana use it is even with the state percentage of just under 40%. In reviewing all the data is it seen that a multi-faceted strategy/approach to include the parents/adults in these communities to reach and reduce substance use/abuse. Perceived parental acceptability can lead to substance use/abuse. More education to parents, who may believe they are doing everything they need to do. PACE will have a local evaluator help review their Comprehensive Community Prevention Plan (CCPP). Among their prior is to reduce percentage of youth who use marijuana before age 13. And of youth who have ever drank alcohol.

Partnership Carson City (PCC) (Hannah McDonald): Serves only Carson City and a hub for rural communities. Marijuana class taught to freshmen, and the survey reveals usage has double and perception of hard has decreased by 23%. PCC youth focus group has reported anxiety and sleep meds as well as stimulants are the most abused prescription drugs with low reporting of pain meds. PCC priority is to highlight all prescription drugs, and integrate programs starting from 6th grade to graduation.

Vaping devices are being confiscated at the middle school and high school. The hospitals had 3 hospital admissions as a result vape products. One focus is implementing a contraband policy which would allow the destruction of the vape product instead of returning it to a parent. SOS is taught to every freshman every year and through out the school district. Alcohol is still the most abused substance followed by marijuana with 31.3%.

Partnership Douglas County (PDC) (Taylor Allison): Tied to larger Douglas County Community

Health Needs Assessment (CHNA). Douglas County has the highest response rate for alcohol and prescription meds use in past thirty days as well as heroin and meth (ever) used. Youth are involved in STARS/VSTARS scans of local retailers and with programs, campaign development and advocacy. Local data is collected primarily from the Behavioral Health Task Force and the Sheriff's Office. Some of the programs to middle and high school were: Life Skills through Me for Incredible Youth, Inc.; Too Good for Drugs and Violence through PDCC, and American Indian Life Skills (for Native American Youth) through Suicide Prevention Network. Some of the Priorities are addressing family values, home structure, parent involvement for all substances, tie in other key issues with substance use prevention activities (youth and stress), and involving individuals from target audiences in activity and program selection (ex. Youth and seniors).

No Comments/Questions
Agenda Item 4 Closed.

5. Public Comments

No Comments
Agenda Item 5 Closed

6. Additional Announcements

No Announcements
Agenda Item 5 Closed

7. Adjournment – Chair(s)

Jennifer Thompson Adjourns Meeting.

AGENDA EMAILED OR FAXED FOR POSTING AT THE FOLLOWING LOCATIONS:

- **Department of Health and Human Services:** 4126 Technology Way, 1st Floor, Carson City, NV 89706
- **Desert Regional Center:** 1391 South Jones, Las Vegas, NV 89146
- **Division of Public and Behavioral Health:** 4150 Technology Way, 1st Floor, Carson City, NV 89706
- **Elko County Library:** 720 Court St., Elko, NV 89801
- **Grant Sawyer Building:** 555 E. Washington Ave. Las Vegas, NV 89101
- **Northern Nevada Adult Mental Health Services:** 480 Galletti Way, Sparks, NV 89431
- **Rural Community Health Services:** 727 Fairview Dr., Carson City, NV 89701
- **Sierra Regional Center:** 605 South 21st Street, Sparks, NV 89431
- **Southern Nevada Adult Mental Health Services:** 6161 W. Charleston Blvd., Las Vegas, NV 89146
- **Substance Abuse Prevention & Treatment Agency:** 4126 Technology Way, 2nd Floor, Carson City, NV 89706
- **Washoe County Department of Social Services:** 350 South Center Street, Reno, NV 89501
- **Washoe County Complex:** Central Conference Room, Bldg. C, 1001 East 9th St., Reno, NV 89512

On the internet – agenda and supporting materials

- **Department of Public and Behavioral Health (DPBH)**
MPAC - <http://dpbh.nv.gov/Programs/ClinicalSAPTA/Meetings/MPACHome/>
SEW - <http://dpbh.nv.gov/Programs/ClinicalSAPTA/Meetings/SEWAgendasMinutes/>
Nevada Public Notices: www.notice.nv.gov

We are pleased to make reasonable accommodations for members of the public who are disabled and wish to attend the meeting. In the event of videoconference technical difficulties, the meeting may be conducted by teleconference from the same location. If special arrangements are necessary, please notify Sara Bacon, Bureau of Behavioral Health Wellness and Prevention, in writing please send to, 4126 Technology Way, Suite 200, Carson City, Nevada 89706 or by calling (775) 684-2217 before the meeting date. Anyone who wants to be on the advisory council mailing list can sign up on the listserv at www.listserv.state.nv.us/cgi-bin/wa?HOME.

If you need supporting documents for this meeting, please notify Sara Bacon, Bureau of Behavioral Health Wellness and Prevention, at 775-684-2217 or by email at sbacon@health.nv.gov